

National Wakeboard Team Head Coach

Mike Lieffers



Hometown: Humboldt, SK
Date of Birth: December 26, 1975
Years on Team: 1st
Years as Coach: 10+

- Mike first became involved in the sport by testing out his skills on the water as a skier, where he gravitated towards wakeboarding because of its similarities with interest in skateboarding



- When Mike started to ride, he naturally started to coach. “This is how our sport evolves” he said.
- Some of his greatest strengths as a coach include his knowledge and understanding of how the body works, which ties into his studies as a Human Kinetics major at the University of Saskatchewan. He believes that this, combined with his knowledge of mental preparation, enables him to help athletes break down both mental and physical barriers which can limit their development
- A few of Mike’s career highlights include operating O-Town WaterSports, being involved in the development of the first Saskatchewan wakeboard program, and creating an instructional workbook or wakeboard entitled *MLB Wake: Board/Skate Workbook*
- Some of his other interests include working on the development of any program, “paperwork can be fun” he said casually. “I also skateboard, hit the gym and enjoy many activities like jogging and swimming.”
- When asked about his future plans, he stated that he would like to “Take the teams programming as far as possible to ensure funding increases—This will undoubtedly have a strong impact on the fitness level of the people involved.”
- In response to being asked about his perspective on this year’s National Team, he says “I believe the level of riding for the average Canadian is much higher than previous years. With this in mind, medals...and more medals! Team unity, forward thinking, and emphasis on training the mind will ensure team placement on the international circuit.”