



## **Lisa Sokolowski**

Lisa Long, formerly Lisa Sokolowski was one of Canada's prominent water ski athletes in the late 1970's to early 1980's. She was a member of the Canadian National Water Ski Team from 1978 to 1982, where she compiled numerous records and performances for Canada.

Long came first overall at the Canadian Water Ski Championships numerous times beginning in 1975, again in 1978 and finally in 1982.

Her most notable Canadian result came at the 1977 Canada Games where she finished 1<sup>st</sup> in the Slalom and 3<sup>rd</sup> in Tricks on her way to the Overall Title.

In addition to her success within Canada, Lisa was chosen to represent Canada at the Pan American Water Ski Championships three times; in 1978, 1980 and 1982. Her best Pan Am performance came in 1980 where she finished fourth overall, with a fifth place finish in slalom and fourth place in both tricks and jump.

Lisa will always be remembered as a team leader, an incredible athlete and a great competitor.

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